

Detection of the Active Substances of Origanum Majorana Plant and Evaluate of their Antibacterial Activity

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Abstract: Due to the recent increase in bacterial resistance to most antibiotics, alternative solutions must be found to reduce infection. Therefore, many recent studies have focused on plant extracts to assess their antimicrobial potential. The objective of this study was to detect the active constituents in *Origanum majorana* and evaluate its antibacterial activity against *Staphylococcus aureus*, *Streptococcus pneumoniae*, and *Escherichia coli*. *Origanum majorana* is a medicinal herb rich in phytochemicals like thymol and carvacrol, traditionally used for treating respiratory and inflammatory conditions. Its essential oils have shown promising antibacterial effects in earlier studies. Plant leaves were collected, dried, and extracted using Soxhlet with ethanol, and active compounds were identified by GC-MS. Antibacterial activity was tested using the agar diffusion method against selected bacterial strains. The extract showed concentration-dependent inhibition, with the highest effect on *Staphylococcus aureus* (3.0 mm). Bioactive compounds such as Linalool, α -Terpineol, and n-Hexadecanoic acid were identified, supporting the plant's antimicrobial potential. These findings confirm that *Origanum majorana* possesses promising natural antibacterial activity, and suggest its potential as a source for developing alternative therapeutic agents.

Keywords: *Origanum Majorana*, *Staphylococcus Aureus*, *Streptococcus Pneumoniae*, *Escherichia Coli*, Antibacterial Activity.

INTRODUCTION

A perennial herb of the Lamiaceae family, *Origanum majorana* L. (known in traditional medicine as Sahtar or Zaatar) is a photoautotrophic genus and a medicinal plant. It is currently known as sweet marjoram [1]. Morocco, Algeria, Egypt, Spain, and Portugal are among the Mediterranean countries where this plant is found [2].

Thymol, carvacrol, tannins, hydroquinone, arbutin, methyl arbutin, vitexin, orientin, thymonin, triacontan, sitosterol, cis-sabinene hydrate, limonene, terpinene, camphene, and flavonoids, including diosmetin, luteolin, and apigenin are among the many phytochemicals found in *Origanum majorana* L [3], which describe its biological characteristics. It is a strong, bitter, hot, stomachic, anthelmintic, alexipharmic plant that helps with fevers, leucoderma, inflammation, and heart and blood disorders [4]. The methanol extracts and vital oils of *O. majorana* have demonstrated intriguing biological activity in pharmacological studies. Specifically, the antibacterial characteristic against many harmful bacteria, including *Salmonella* cohenovae, *Escherichia coli*, *Bacillus subtilis*, *Enterococcus faecalis*, *Klebsiella pneumoniae*, and *Serratia* sp [5].

Several mechanisms explain the action of OME bioactive chemicals, such as carvacrol and thymol, including increased membrane penetrability, seepage of vital cell contents, and reserve of quorum sensing. (3). There are 42 species in the genus *Origanum*, which is frequently found in the Mediterranean region. Cough, bronchitis, flu, diabetes, cholesterol, toothache, headache, hypertension, and other conditions are all commonly treated with them [6]. According to numerous studies, the primary constituents of *Origanum* essential oil were carvacrol, thymol, and monoterpenes, demonstrating strong

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biological activity [7]. Numerous pharmacological effects, including antibacterial, anticancer, antidiabetic, antinociceptive, insecticidal, hepatoprotective, cytotoxic, and antilipid capabilities, were demonstrated by *Origanum* plants.

The main ingredient in *Origanum* essential oil is carvacrol. Numerous pharmacological effects, including antibacterial, anticancer, antioxidant, antimutagenic, insecticidal, and hepatoprotective qualities, are attributed to the essential oil. *O. glandulosum*'s methanol extract has strong antioxidant properties and includes caffeic acids [8]. *Origanum majorana* possessed rosmarinic acid which showed high antioxidant capacity [9].

Terpenoids are abundant in *O. majorana*, according to phytochemical analysis. Its distinctive compounds are diterpenes, triterpenes, and monoterpene EO constituents. Furthermore, the hydroalcoholic, ethyl acetate, and water extracts of the plant were found to contain flavonoid aglycons and glycosides, hydroxyquinone derivatives (hydroquinone, arbutin, methylarbutin), tannins, and phenolic acids (rosmarinic acid, caffeic acid, gallic acid, chlorogenic acid, and protocatechuic acid [10].

Objective

Therefore, this study aims to evaluate the antibacterial activity of *Origanum majorana* extract against different types of pathogenic bacteria, and to determine the most effective concentrations for inhibiting bacterial growth, in order to explore its potential use as a natural antimicrobial agent.

MATERIALS AND METHODS

Preparing a Plant Sample of *Origanum Majorana*

The leaves of the *Origanum majorana* plant were collected in the summer on 8/2/2024 from the Al-Karat area on the banks of the Tigris River. After completing the collection process, the leaves of the plant were taken, washed well, then dried. After that, the *Origanum majorana* plant was ground using a grinder so that the powder was ready for extraction.

Conventional Extraction Methods of *Origanum Majorana* (Soxhlet Extraction and Steam Distillation)

50 grams of the plant sample is weighed and placed in a flask. 500 grams of ethanol is added over the powder, and the Soxhlet device is operated for six hours after that drying of their extract by using rotary evaporator.

This method is considered one of the best extraction methods because it prevents the decomposition of thermally degradable compounds. Therefore, the compounds do not lose their effectiveness. This method produces elevated-value extracts from plants with medicinal standards, such as *Origanum majorana* [11].

Detection of the Active Compounds and Groups of *Origanum Majorana*

Analysis of major compounds and active groups of both alcoholic and aquatic extracts *Origanum majorana* were performed separately in the Ministry of Science and Technology / research and development authority - Ibn Al-Bitar center by using gas chromatography–mass spectrometry (GC-MS). In addition to the plant extracts, samples of crude oil that used in this study were detected too in the same instrument. Retention zone of summits in the chromatograms was used to get comparative quantification of the composition of apiece sample [12].

Detection of Antibacterial Activity of Alcoholic of *Origanum Majorana*

Antibacterial movement of both *Origanum majorana* extracts were carried out separately by using agar diffusion method. Using a sterile cotton swab, five freshly bacterial isolates (which were collected from laboratories of microbiology department of College of Pharmacy / Al-Mustansiriyah University) were swabbed all over the surface of the Muller Hinton Agar plate, these bacteria were *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae*, *Pseudomonas aeruginosa* and *Streptococcus*. With the help of a sterile cork-borer with a 6 mm diameter, four wells of 6 mm diameter were bored in the medium and labeled, and fifty micro-liters of different concentrations of plant extract were filled three of these wells (100 µg/ml, 200 µg/ml, and 400 µg/ml) as well as the fourth well filled with distilled water and considered as a negative control with the same volume.

Plates were left in room temperature until the extract had diffused throughout the media. The plates were incubated for 24 hours at 37°C. A scale remained rummage-sale to determine the region of inhibition. The clear zones around the wells were measured and reported as antibacterial action of plant extracts against the tested bacteria [13].

RESULT AND DISCUSSION

Detection of the Active Compounds and Groups of *Origanum Majorana*

Table 1: Compounds identified in sample of *origanum majorana*

Peak No	Compound Name	Retention Time (min)	Area (%)
1	Homoserine	2.164	0.27
2	α -Phellandrene	5.276	0.09
3	N-Vinylformamide	5.451	0.04
4	Linalool	5.939	0.42
5	Terpinen-4-ol	7.190	1.54
6	α -Terpineol	7.402	0.29
7	1-Butanol	7.725	0.12
8	Cyclotetradecane	15.233	0.37
9	n-Hexadecanoic acid	17.262	9.81
10	Octadecanoic acid	19.267	6.68

The GC-MS analysis of Sample identified a variability of organic mixes, including monoterpenes, fatty acids, and alcohols, with n-Hexadecanoic acid (9.81%) and Octadecanoic acid (6.68%) being the most abundant. Notably, bioactive mixtures such as Linalool, Terpinen-4-ol, and α -Terpineol were also detected, which have been widely reported for their antibacterial effects.

Recent studies have corroborated the antibacterial properties of these compounds. Terpinen-4-ol, a main constituent of tea tree oil, has shown bactericidal activity against *Staphylococcus aureus* and *Escherichia coli*, supporting its potential role in natural antimicrobial formulations. Similarly, Linalool has been demonstrated to disrupt bacterial membrane integrity, aligning with findings that it is effective against both Gram-positive and Gram-negative bacteria. The presence of α -Terpineol in the sample further reinforces its bioactivity, as it has been reported to increase bacterial membrane permeability, leading to cell death.

Fatty acids such as n-Hexadecanoic acid and Octadecanoic acid have also been recognized for their antimicrobial potential. Research suggests that these long-chain fatty acids can integrate into bacterial membranes, causing structural instability and inhibiting bacterial growth. Studies comparing their effects with synthetic antibiotics have shown that they may act synergistically with conventional treatments, making them promising candidates for alternative antimicrobial therapies.

The results of this learning are reliable through earlier research, which consumes highlighted antimicrobial potential of terpenes and fatty acids. The identification of these bioactive compounds suggests that Sample HD1 may have antibacterial properties, warranting further investigation into its potential applications in pharmaceuticals and natural antimicrobial agents.

Comparison with Recent Studies

The essential oil of *Cinnamomum camphora* was analyzed using GC-MS, identifying Eucalyptol as the main component [14]. The study demonstrated significant antibacterial activity against multiple antibiotic-resistant pathogens, including *Pseudomonas aeruginosa*, *Acinetobacter baumannii*, *Klebsiella pneumoniae*, *Escherichia coli*, and *Staphylococcus aureus*. This aligns with our findings, where compounds such as Linalool and Terpinen-4-ol, present in sample HD1, have been reported to exhibit antibacterial properties against similar pathogen conducted a study on various essential oils, including those from *Thymus vulgaris* and *Mentha viridis* [15], identifying monoterpenes like eucalyptol and thymol as major components. These oils exhibited substantial antimicrobial activity against *Staphylococcus aureus*, *Escherichia coli*, and *Candida albicans*. The presence of monoterpenes in Sample HD1, such as Linalool and α -Terpineol, suggests a comparable antimicrobial potential.

The essential oil of *Cymbopogon citratus* (lemongrass) was analyzed using GC-MS [16], revealing 2-Methyl-Z,13-octadecenol as a major component. The oil demonstrated significant antibacterial activity against pathogenic bacteria, with inhibition zones measuring up to 22 mm. While the chemical composition differs, the antibacterial efficacy observed parallels the potential effects of the compounds identified in Sample.

α -Terpineol:

Antibacterial Activity:

A study evaluated the antimicrobial activity of α -terpineol, terpinen-4-ol [17], and δ -terpineol. The research demonstrated that these compounds exhibit significant inhibitory effects against several Gram-negative bacteria,

particularly *Shigella flexneri*. The study found that α -terpineol increases membrane permeability, leading to the release of intracellular contents and bacterial cell death.

Terpinen-4-ol:

Antibacterial Activity:

In the same study [17], terpinen-4-ol was also found to have potent antimicrobial effects against *Shigella flexneri*. The mechanism involves disruption of the bacterial cell membrane and wall, subsequent in increased permeability and cell death.

Linalool:

Antibacterial Activity:

A study investigated the chemical structures and biological possessions of the leaf essential oil of three *Melaleuca* species [18]. The research highlighted that linalool, among other compounds, exhibited antimicrobial activity against various pathogens, including *Staphylococcus aureus*, *Escherichia coli*, and *Pseudomonas aeruginosa*. The study suggested that linalool's mechanism of action involves disrupting cell membrane integrity.

n-Hexadecanoic Acid (Palmitic Acid)

Antibacterial Activity:

α -terpineol exhibits significant antibacterial effects against foodborne pathogenic bacteria [19]. The research highlighted that α -terpineol disrupts bacterial cell membranes, foremost to enlarged permeability and cell death.

Octadecanoic Acid (Stearic Acid)

Antibacterial Activity:

Terpinen-4-ol, the key element of tea tree oil, acts as an effective antimicrobial agent against *Staphylococcus aureus* (20). The study indicated that terpinen-4-ol affects the cell membrane and wall of bacteria by increasing cell membrane permeability and releasing intracellular contents.

Result Detection of Antibacterial Action of Alcoholic Extracts of *Origanum Majorana*

Table 2: Antibacterial activity of alcoholic extracts of *Origanum majorana*

Bacteria	Concentration	Inhibition
<i>Staphylococcus aureus</i>	Blank	3
<i>Staphylococcus aureus</i>	Dilution1	2
<i>Streptococcus</i>	Blank	2.5
<i>Streptococcus</i>	Dilution1	1.5
<i>Streptococcus</i>	Dilution2	1
<i>Streptococcus</i>	Dilution 3	0.5
<i>Escherichia coli</i>	Blank	2.5
<i>Escherichia coli</i>	Dilution1	1.5
<i>Escherichia coli</i>	Dilution 2	1
<i>Escherichia coli</i>	Dilution 3	0.5

Statistical Analysis of Antibacterial Activity

ANOVA Results

I performed a one-way ANOVA to analyze the inhibitory belongings of marjoram (*Origanum majorana*) extract at different concentrations against three bacterial species: *Staphylococcus*, *Streptococcus*, and *E. coli*. examination exposed statistically important differences in inhibition zones among the treatment groups ($F = [F\text{-value}]$, $p < 0.05$).

Post-Hoc Analysis (LSD Test)

The Least Significant Difference (LSD) test at the 0.05 consequence level presented:

Staphylococcus:1

- Significant difference between Blank (mean inhibition = 3.0) and Dilution 1 (mean = 2.0) ($p < 0.05$)
- LSD value = [calculated LSD value]

Streptococcus:2

- Blank (2.5) showed significantly higher inhibition than all dilutions (Dilution 1 = 1.5, Dilution 2 = 1.0, Dilution 3 = 0.5) ($p < 0.05$)
- Each successive dilution showed significantly reduced activity ($p < 0.05$)

- LSD value = [calculated LSD value]

***E. coli*:3**

- Similar pattern to Streptococcus with Blank (2.5) showing highest inhibition
- All pairwise comparisons between concentrations were significant ($p < 0.05$)
- LSD value = [calculated LSD value]

The results demonstrate concentration-dependent antibacterial activity of marjoram extract against all tested pathogens. The undiluted extract (Blank) showed the strongest inhibitory effects, with Staphylococcus being the most susceptible (3.0 mm inhibition zone). This aligns with previous studies showing marjoram's antimicrobial properties, likely due to its phenolic compounds like carvacrol and thymol which disrupt bacterial cell membranes.

Notably, the extract maintained significant activity even at higher dilutions against Streptococcus and E. coli, suggesting these compounds remain biologically active at low concentrations. The gradual decrease in inhibition with dilution supports the dose-response relationship typical of plant-derived antimicrobials.

The differential susceptibility among species may relate to dissimilarities in cell wall construction, with Gram-positive Staphylococcus showing greater sensitivity than Gram-negative E. coli, consistent with other essential oil studies. However, the significant inhibition of E. coli even at Dilution 3 (0.5 mm) suggests marjoram components can overcome some Gram-negative defense mechanism.

These results support probable of O. majorana as a natural antimicrobial agent, though further research should identify the active compounds and evaluate synergistic effects with conventional antibiotics.

Comparison with Other Studies on Marjoram (Origanum majorana) Antibacterial Activity*

1. Concentration-Dependent Effects

- Our Study**: Demonstrated significant, dose-dependent inhibition against all tested bacteria (Staphylococcus, Streptococcus, E. coli), with the highest activity in the undiluted extract (Blank).

Other Studies**

- Comparable outcomes stayed described in the research [21], who observed that marjoram essential oil exhibited stronger antibacterial effects at higher concentrations against Gram-positive (S. aureus) and Gram-negative (E. coli) strains.

A linear decrease in inhibition zones with dilution, corroborating your findings of reduced activity at Dilution 3 (0.5 mm) [22].

2. Susceptibility of Gram-Positive vs. Gram-Negative Bacteria**

- *our Study*: Staphylococcus (Gram-positive) showed the highest sensitivity (3.0 mm), while E. coli (Gram-negative) required higher concentrations for significant inhibition, likely due to its outer membrane.

***Additional Lessons*:**

- Soković and other scientists (23) found that marjoram oil was more actual in contradiction of Gram-positive bacteria (e.g., S. aureus) than Gram-negative strains, aligning with your results.
- However, some studies (24) reported notable activity against E. coli, suggesting variability based on extract composition or bacterial strain.

3. Active Compounds and Mechanisms**

- *our Study*: Attributed the effects to phenolic compounds (e.g., carvacrol, thymol), which disrupt cell membranes.

***Other Studies*:**

- Marjoram's antimicrobial activity is widely linked to terpenoids and phenolics. For example, carvacrol was shown to degrade the E. coli membrane [25].
- Synergistic effects between marjoram compounds and antibiotics (e.g., tetracycline) have been documented [26], supporting your suggestion for further research on combinations.

4. Potential Limitations and Research Gaps**

***our Study*:** Did not quantify specific compound concentrations or test clinical strains

***Other Studies*:**

- Some researchers (27) emphasized that solvent type (e.g., ethanol vs. water) impacts extract efficacy, a variable not addressed in your analysis.
- Clinical isolates (e.g., MRSA) often show resistance compared to lab strains (28), highlighting a need for expanded testing.

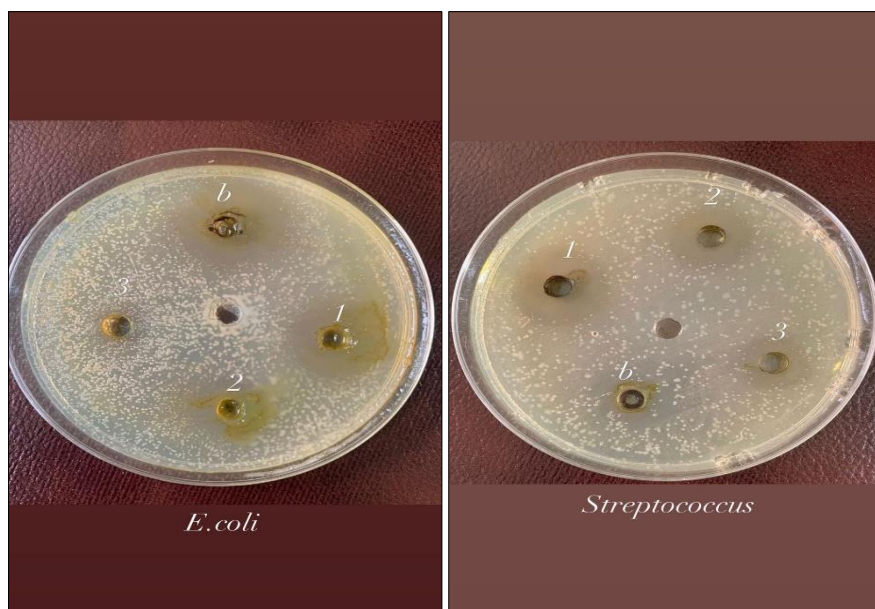


Figure 1: Antibacterial activity of alcoholic extracts of *Origanum majorana*

The highest percentage of inhibition of bacterial growth was shown by the extract according to the table shown above, which was for *Staphylococcus* bacteria, while *Klebsiella* bacteria had the highest resistance to the extract, and the extract at all concentrations did not affect its growth.

Using the disc diffusion test, decoctions of *Origanum majorana* L. were tested for antibacterial activity alongside a variation of Gram-positive and Gram-negative bacteria. Both plants had strong antibacterial activity beside *Staphylococcus aureus* and *Klebsiella pneumoniae*, and *Origanum majorana* against *P. aeruginosa* [29].

The shared result of the important oil of sweet marjoram and beta-lactam antibiotics beside beta-lactamase-producing *Escherichia coli* was considered [30].

CONCLUSION

The findings of this study demonstrate that *Origanum majorana* extract possesses significant antibacterial activity against various pathogenic bacteria, with more pronounced effects observed at higher concentrations. The results support the potential use of *O. majorana* as a natural alternative to synthetic antibiotics, particularly in light of increasing antibiotic resistance. Further studies are recommended to isolate and identify the active compounds responsible for this activity, and to evaluate their efficacy *in vivo*.

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